Work life balance: a Maori women's perspective

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Abstract
Spending time at work, with family/whanau, and communities takes up a large proportion of Maori women's lives. Finding a balance can often be complex and challenging, due to surrounding environmental influences that are continually changing. This thesis explores those challenges, and considers...

Keywords
Paid employment; Family; Whanau; Urban Maori; Community involvement; Flexibility in employment
For an Indian women work life balance is a new approach that enables them to think and to act in accordance to work to the mutual benefit of the individual, business and society. The Panch Tatva's of Indian Life on Work Life Balance: Work Life Balance = C + A + P + L + F WLB = Career + Ambition + Pleasure + Leisure + Family According to our Indian Ethos Five major Tatva play a significant role and are needed to be balanced for a smooth proceedings of a human life. The above formula tries to figure that balance in all five activities, including our career and with the self realization and persistent growth we can find the true meaning of Work Life Balance (WLB). The Journey of Indian Women from Work-life balance (WLB) is a central concern in everyday discourses (Greenhaus & Allen, 2011; Greenhaus, Collins, & Shaw, 2003; Guest, 2002; Kossek, Valcour, & Lirio, 2014; Maertz. & Boyar, 2011). have a score for Maori. We followed the same logic outlined above for collectivism and used the same score as in China. and multisource perspectives on work–life balance and career advancement potential. Journal of Applied Psychology, 93, 789–805. Lyness, K. S., & Kropf, M. B. (2005).