An investigation of patient experiences of treatment in the cranial field of osteopathy

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Abstract

There is a wealth of information available in print and other forms of media about osteopathy in general. Significantly less information exists about osteopathy in the cranial field (OCF), and still less information is available surrounding the experience of treatment by OCF. This study helps to fill this deficiency identified in the research literature and possibly further inform the practice of OCF.
Osteopaths use the osteopathic manipulative treatment (OMT) to treat somatic dysfunction, such as tissue modifications, impaired range of motion, and asymmetry. OMT has been claimed to produce anti-inflammatory and hyperparasympathetic effects [18]. OMT practitioners take advantage of several manual techniques and approaches, ranging from articulatory, fascial, or visceral manipulation to cranial osteopathy, which are considered the most popular [19, 20].


Osteopathy treats the musculoskeletal framework. It focuses on the whole body and addresses the body's ability to self-heal.
rather than its individual systems, does not use drugs, is non-invasive, and has many uses, including prevention of injury. It may be beneficial for the circulation, nervous, and lymphatic systems, as well. Many osteopathic physicians also serve as primary care physicians in fields such as family medicine, internal medicine, and pediatrics. Uses. Osteopathy can provide relief and treatment for a wide range of conditions. These include: arthritis. An osteopath will first of all fully assess a patient’s health to work out what treatment is needed in the sessions. People visiting an osteopath should ensure that their doctor is accredited by the American Osteopathic Association (AOA) and licensed to practice.